

Guidelines for giving a POSTER PRESENTATION at a SAAB Annual Congress



The following information is offered to help you prepare your POSTER for presenting at a SAAB Annual Congress.

Poster requirements

Poster size and orientation

- Size: A0 (84 cm x 119 cm)
- Portrait (vertical) orientation only

Suggested poster content

- Title of the poster
- Full names and affiliations of all authors, including e-mail address of at least one author
- Introduction: a few brief sentences that state the purpose of the study
- Methods: a list or flow chart
- Results: Illustrations, tables, figures, graphs, and photos accompanied by a simple statement
- Discussion: a list or summary paragraph of conclusions
- References: If you feel references are essential, include no more than two or three

Illustrations

- Ideally, illustrations (photos, figures, tables & graphs) should dominate your poster. These should be at least 13 x 18 cm.
- Use high quality illustrations of sufficient resolution. Captions and labels on visuals should be readable from a distance of two metres. Graphs and figures should be simple – avoid unnecessary detail.
- Graphs are preferred over tables.
- Avoid tables with excessive information. As a guideline, you should consider the following question “Do I need to present all the information in the table for a reader to understand why I reached the conclusions that I did?”

Recommended fonts and font sizes

- Choose a readable, sufficiently large font, (e.g., Arial, minimum 28 points) for the text.

Sample of Arial font, 28 points

Sample of Calibri font, 28 points

Sample of Arial font, 28 points

Sample of Calibri font, 28 points

- Main title: 100 points or larger
- Sub-title: 36 points
- Main text: minimum 28 points
- References: minimum 24 points